



FY23 At a Glance: North Texas Food Bank

Fiscal Year 23 (July 2022 – June 2023) saw the North Texas Food Bank and its Feeding Network once again responding to unprecedented levels of need. **While unemployment rates continued to lower, historic inflation rates meant that paychecks for too many of our North Texas neighbors still could not stretch to cover all of the needs of their households.** These families had to make difficult decisions, often choosing between purchasing food and securing other necessities, such as utilities, rent and medications. At the same time that prices were rising, **pandemic-related government programs were also expiring** to create a **perfect storm** of challenges for both our neighbors and the Food Bank itself. We are still serving needs higher than at the height of the pandemic and we expect this elevated need to carry into FY24.

Last year, the Food Bank worked in partnership with **over 500 food pantries and community organizations from the NTFB's Feeding Network** to provide access to **more than 144 million nutritious** meals across a diverse 13-county service area that spans 10,000 square miles – the most annual meals ever in our history and a **more than 5 percent increase** from FY22.

In FY23, the Food Bank continued to launch new collaborations as part of its strategic plan to provide our neighbors facing hunger with more **Food for Today** while providing **Hope for Tomorrow** by helping to eliminate the barriers to food security through investment in our Feeding Partners and forming new partnerships that address broader issues such as **health outcomes, educational attainment, the ability to earn a living wage and financial stability.** Hunger and poverty are inextricably linked, and if we want to make a lasting impact in the fight against hunger, we must do more than provide food.

The [North Texas Food Bank](#) was established in 1982 to aid in local hunger relief efforts, and as an organization has a proven track record of accomplishment, earning a 4-star rating from Charity Navigator, and is ranked 87th on Forbes 2022 Top 100 Charities in America.

The Need in North Texas

- Research from Feeding America indicates that the food insecurity* rate is **11.9 percent** in North Texas (The national rate is 10.4 percent). This means there are approximately **638,340**** food-insecure people (**including 218,970 children or 15.8 percent**) in the NTFB 13-county service area.
- This translates to **1 in 8 people, including 1 in 6 children.**

** Food insecurity is a lack of consistent access to enough food for an active, healthy life which often equates to missed meals or unhealthy choices.*

***Source: Feeding America Map the Meal Gap, 2023*

****Source: Feeding America State of Senior Hunger Study, 2023*

- The NTFB service area is the **4th highest in the nation** in food insecure people out of the Feeding America service areas. (Behind New York City, Los Angeles, Houston)
- Our service area has the 4th highest number of food insecure **children** in the country
- Dallas County has the **6th highest number** of food insecure persons in the nation.
- Dallas County has the **4th highest number** of food insecure children in the nation.
- Every community experiences food insecurity, but we do not all experience it in the same way. **Racial disparities in food security are prevalent across North Texas.**
- In the 13 counties served by the North Texas Food Bank, 1 in 8 (11.9%) persons overall face food insecurity. This includes:
 - **1 in 5** (22%) Black Persons
 - **1 in 7** (14%) Hispanic Persons
 - **1 in 14** (7%) White, non-Hispanic Persons
- **Hunger exists in all zip codes.** Every day people are forced to make difficult choices between buying food and other necessities, such as medication or covering their utilities.

Creating a Hunger Free, Healthy North Texas

Food Distribution

- In FY23, the NTFB increased access to nutritious food by **5 percent** over FY22, ending the year at **144 million meals – the most ever annual meals in our history and an average of 12M meals per month.** This includes more than **46 million meals accessed through the SNAP program** and more than **97 million** through distributed nutritious food.
- In FY23, **NTFB distributed an average of nearly 2.5 million pounds of food per week in collaboration with our Feeding Network; 90% of this food is nutritious** and **33%** was fresh produce.
- In FY23, NTFB distributed **more than 38 million pounds of fresh produce.**
- The NTFB Feeding Network includes nearly **500 Feeding Partners – food pantries and community organizations** that are in neighborhoods and communities where neighbors facing hunger work and live. In FY23, **10 agency partners were added** to our feeding network, adding more than 2 million pounds to the network.
- In FY23, **90%** of NTFB’s food was distributed through our feeding network – **more than 115M pounds.**
- Beyond food assistance, many partners provide **wrap-around services and programs** that focus on fighting the underlying causes of poverty and food insecurity.

By The Numbers

- **Sources of Funds:** 46% Individuals, 25% Corporations, 18% Government Grants and fees, 7% Foundations, 3% Organizations, 1% Agency Handling Fees and Other.
- **Sources of Food:** 56% Donations, 17% Government Hunger Relief Programs, 26% Purchased, 1% Purchased – Government Funds
- **Distribution of Food:** 90% Partner Agencies, 5% Mobile Pantries, 3% Senior Programs, 2% Children’s Programs

- **Distribution of Resources:** 94% Food Bank Operations, 4% Fundraising, 2% Management and General
- **Distribution by Food Type :** 47% Shelf stable and other core items, 33% Fresh produce, 20% Protein

Mobile Food Distribution

- The Mobile Pantry Program distributed more than **4.8 million meals** to neighbors in hard-to-reach areas, including rural and urban locations, through **402 distributions (61 unique distribution sites)** throughout our 13-county service area.
- The vision of the Mobile Pantry Program is to connect every community to a sustainable partnership in which they thrive. This is done through two tracks – Fresh Route and Progressive Community Growth. **In FY23, 14 partners were added to Fresh Route and 4 were added to Progressive Growth.**

Children's Programs

- Through programs and partnerships, NTFB provided **children facing hunger** with access to more than **50.2 million** nutritious meals. During the 2022-2023 school year, the NTFB Child Programs specifically served more than **1.8 million meals through the School Pantry Program at 40 sites** and almost **730,000 meals through the Food 4 Kids backpack program.**
- Working with educators to identify chronically hungry kids, the Food 4 Kids program provides backpacks full of nutritious, nonperishable, kid-friendly food to take home each Friday afternoon. The program operates in more than **250 schools**, serving up to **11,000 chronically hungry children** each week.

Seniors Programs

- Texas has **the 9th highest rate of senior food insecurity in the nation**, with 8.5% of Texas seniors facing food insecurity***. In FY23, NTFB provided **seniors** with access to **26.2 million nutritious meals** through its dedicated Senior Program (CSFP) and its main services and SNAP. Through CSFP alone, it delivered more than **2.8 million meals** (through 65 CSFP distribution locations), including more than 36,000 deliveries (*not meals*) through DoorDash.
- NTFB provided access to an average of **7,750 CSFP boxes** per month in FY23

SNAP

- SNAP is the nation's No. 1 defense against hunger. This year we provided access to more than **46 million meals through our SNAP services, which equates to a local economic impact value of \$196 million.**
- In FY23 (active for about 6 months), the new **SNAP Mobile initiative** provided assistance for **131 SNAP applications - equating to access to more than 250,000 meals.**
- As part of our plan to provide **Hope or Tomorrow**, we collaborated with financial empowerment and healthcare partners to help create lasting change for our neighbors.

Time, Talent and Treasure Make a Difference

- To better understand whom we serve, we are utilizing **service insights** from across our Feeding Network and have worked with Feeding America to develop a network-wide tool for gathering client data.
- NTFB maximizes donations to meet the need. For every \$1 donated, NTFB can provide access to more than three nutritious meals, and **94% of our resources go directly toward fulfilling our mission.**
- Volunteers are the hearts and hands of our organization. In FY23, volunteers donated **92,299 hours** to help serve North Texans in need. This equates to a value of almost \$1.4 million.
- The North Texas community helps meet the need in our area, with hundreds of community organizations and businesses hosting canned food drives in FY23, collecting **644,971 pounds** of non-perishable foods (equating to more than **537,000 meals**).