**Join Action For Healthy Kids for Healthier Kids in 2021**

There’s no doubt that the pandemic induced challenges we’ve been facing for the past year and half have shaken things up in schools. More notably, it has also impacted far too many kids’ access to essentials, like nutritious meals, opportunities for physical activity and play, and a safe environment to learn and grow.

The numbers don’t lie:

* 1 in 5 kids is bullied.
* 1 in every 3 kids is overweight or obese.
* Finally, 1 in every 5 kids will experience mental distress before they turn 17.

Please run this PSA from Action for Healthy Kids to encourage families and loved ones to join us today as we work toward #EveryKidHealthy.

Thank you,

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