



Together
to End Stroke®



MEET TIM

HUSBAND. CAREGIVER. STROKE HERO.

After Tim's wife Louise suffered a stroke, he made sure she followed a healthy lifestyle and took her medications on schedule. If you've survived a clot-related (ischemic) stroke, learn how you may help prevent a second one. Talk with your doctor about aspirin or another medicine regimen — and stick with it. Be a Stroke Hero like Tim.

Aspirin is not appropriate for everyone, so be sure to talk to your doctor before you begin an aspirin regimen.

[StrokeAssociation.org](https://www.StrokeAssociation.org)

©2018 American Heart Association

Together to End Stroke nationally sponsored by

